



# EXPEDITION ROUTE CARD (use one per day)

<b>Aim of expedition:</b> Take pictures of sites of interest										<b>Name of DofE Group:</b> BANTER	
<b>Day of the week:</b> Wednesday		<b>Date:</b> 29/6/2011		<b>Day of venture:</b> 1 <sup>st</sup>			<b>Names of team members:</b>			A.N Other	
										A.N Other	
										A.N Other	
										A.N Other	
										<b>Address:</b> Wildcountry consultants	
										<b>Tel No:</b> 01373455668	
										<b>Email:</b> info@wildcountryconsultants.co.uk	
Leg	PLACE WITH GRID REF	General direction or bearing	Distance in km	Height climbed in m	Time allowed for journeying	Time allowed for exploring, rests or meals	Total time for leg	Estimated Time of Arrival	Setting out time: 8:30	Brief details of route to be followed or planned activity. (Enter full details of activity on reverse)	Escape/Notes
	START 093250										
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)		(j)	(k)
1	TO 075258 Llanfrynach Bridge	291 °	2.6	10	45mins	10mins	55mins	9:25		Follow footpath by river for 100m at road turn left and go round bend at 282 bearing continue straight along road with hill on left hand side for 1.5km till you reach Llanfrynach. Then turn left to a bearing of 308 and continue for 200m till reaching the bridge.	Continue to Llandfrynach and use public telephone
2	TO 058248 Foot path Junction	240 °	2.3	70	45mins	5mins	50mins	10:15		At road junction turn left and continue out of Llandfrynach after 350m turn left onto marked footpath and follow it for 1.5km then turn right at Tynllwyn and follow footpath for 500m	Ask for help at Tynllwyn
3	TO 038237 Road junction	241 °	2.7	115	1hr	15mins	1hr 15mins	11:15		Follow footpath for 300m onto road on a bearing of 260. Follow road 900m to T-junction and take lht. Follow road round to the left onto a general bearing of 222 for 1.4km	Ask for help at Tir-ciw
4	TO 032205 Bwlch ar y Fan	194°	3.2	241	1hr 30mins	20mins	1hr 50mins	13:05		Follow footpath uphill for 300m. At Cwmcynwyn Y-junction take lht and follow footpath with rising ridge on lhs for 2.9km	Return to Cwmcynwyn
5	TO 012215 Pen y fan	292 °	2.7	287	1hr 20mins	1hr	2hrs 20mins	15:25		Follow Beacons Way on a starting bearing of 235. After 1.4km the path climbs the hill. Follow to the top.	Follow Cefn Cwn Llwhc or Bryn Teg to Plas-y-gaer or Cwmcynwyn respectively
6	TO 983203 Storey Arms Centre	246 °	5	29	1hr 20mins	10mins	1hr 30mins	16:55		Follow Beacons Way for 220m on a bearing of 223. Take lht and follow footpath for 650m. At junction take the second lht on a bearing of 001. Follow footpath as it slowly curves round towards south for 4km	Continue to end of leg
7	TO 978227 Blaenglyn	351 °	2.8	0	55mins	5mins	1hr	17:55		Follow Taff Trail on north side of road. Hill on rhs	Continue to campsite
<b>Totals:</b>			21.3	752	7hrs 35mins	2hrs 5mins	9hrs 40mins	17:55	<b>Supervisor's name, location and Tel No:</b> Chris Horobin, Grawen Campite Brecon Beacons, Tel: 07785343519		

# ACTIVITY PLAN

Leg/ Activity	Task	Activity details
1	Take photo of Llanfrynach Bridge	
2	Nothing to record	
3	Take photo of waterfalls	Be careful while getting to it.
4	If appropriate take photo of farmsteads Take photo of water meadows	
5	Take photos of any interesting views whilst waking along the ridge Take photo of the Cairn at Pen y fan	
6	Nothing to record	
7	Nothing to record	

## Route Card – notes on completion

- For each leg involving journeying only enter route details in columns (b) to (k).
- When non-journeying activity (exploring) is planned at the break between legs, leave columns (c) to (f) blank, enter the estimated time required to complete the activity in column (g), complete columns (h) to (i), and enter brief details of the activity in column (j).
- If exploring is to be carried out during a leg, enter the route details in column (b) to (f), add the time planned for the activity to the rest and meal times in column (g), and complete columns (h) to (k). Enter brief details of the activity after the route description in column (j)
- The journeying total in column (f) must be at least half the minimum required hours of planned activity.



# EXPEDITION ROUTE CARD (use one per day)

FOUL WEATHER

<b>Aim of expedition:</b> Take pictures of Historic sites										<b>Name of DofE Group:</b> BANTER			
<b>Day of the week:</b> Wednesday		<b>Date:</b> 29/6/2011		<b>Day of venture:</b> 1 <sup>st</sup>		<b>Names of team members:</b>			A.N Other		A.N Other		
									A.N Other		A.N Other		
									A.N Other				
<b>Leg</b>	<b>PLACE WITH GRID REF</b>	<b>General direction or bearing</b>	<b>Distance in km</b>	<b>Height climbed in m</b>	<b>Time allowed for journeying</b>	<b>Time allowed for exploring, rests or meals</b>	<b>Total time for leg</b>	<b>Estimated Time of Arrival</b>	<b>Setting out time:</b> 8:30				
	<b>START 093250</b>								<b>Brief details of route to be followed or planned activity.</b> (Enter full details of activity on reverse)				<b>Escape/Notes</b>
(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)			(k)	
1	TO 075258 Llanfrynach Bridge	291 °	2.6	10	45mins	10mins	55mins	9:25	Follow footpath by river for 100m at road turn left and go round bend at 282 bearing continue straight along road with hill on left hand side for 1.5km till you reach Llandfrynach. Then turn left to a bearing of 308 and continue for 200m till reaching the bridge				Continue to Llandfrynach and use public telephone
2	TO 058248 Foot path Junction	240 °	2.3	70	45mins	5mins	50mins	10:15	At road junction turn left and continue out of Llandfrynach after 350m turn left onto marked footpath and follow it for 1.5km then turn right at Tynllwyn and follow footpath for 500m				Ask for help at Tynllwyn
3	TO 025252 Three rivers ride	274 °	4	23	1hr	10min	1hr 10min	11:25	Follow footpath west for 300m until joining on with road and walk along for 1km till T junction were you turn right and follow road for 100m and then turn left and follow zig zag road for 1.5km to get to T junction were you turn right and follow for 400m were you turn left (west) onto footpath were you join onto road and turn left and follow for 800m to checkpoint.				Ask for help at Tir-ciw
4	TO 012252 Bwlch ar y Fan	270	1.5	0	25min	5min	30min	11:55	Follow road and turn left at T junction and continue to follow till you reach checkpoint				
5	TO 001249 Road junction	252	1.3	10	25min	5min	30min	12:25	Continue to follow road at bearing of 320 past cross road and turn left at T junction past Gronfelen carrying going on straight for 700m past the ford were you reach the checkpoint.				
6	TO 984240 Old Glanrhyd	236	2	10	40min	30min	1hr 10	1:35	Follow road off and don't turn off until reaching the check point by a waterfall				
7	TO 978228 Campsite	206	1.4	15	30min	5min	35min	2:05	Turn left from T junction and follow path past Carno down to Blaenglyn				
<b>Totals:</b>			15.1km	138m	270min	70min	340min			<b>Supervisor's name, location and Tel No:</b> Chris Horobin, Grawen Campite Brecon Beacons, Tel: 07785 343519			